

When Is Memory Care the Right Choice?

Memory care may be the next step when dementia-related changes affect safety, daily routines, health, or quality of life. Look at the overall pattern, not memory loss or a diagnosis alone.

Signs to discuss together

Wandering or exit-seeking

Leaving unexpectedly, getting lost, or trying to reach a familiar place, such as a former home or workplace, can create safety concerns.

Frequent supervision

Daily routines require repeated reminders, reassurance, redirection, or hands-on help to stay safe and comfortable.

Increasing anxiety or distress

Confusion, fear, repeated questions, agitation, or resistance to care are more frequent or harder to ease.

More personal-care support

Bathing, dressing, toileting, grooming, or continence care require more assistance, patience, and a consistent approach.

Changes in sleep

Nighttime wakefulness, pacing, or day-night confusion create safety concerns or leave caregivers exhausted.

Meals need more oversight

Eating or drinking is forgotten, weight is declining, or using utensils, the oven, or the microwave is no longer safe.

The setting feels overwhelming

Noise, too many choices, unfamiliar routines, or large spaces seem to increase confusion and distress.

Caregiver demands are too high

Near-constant oversight is becoming difficult to sustain, and family or caregivers worry about safety or burnout.

The goal is to support independence, dignity, and meaningful days with the right level of help.

Questions & Support to Consider

Safety	Can our loved one navigate safely and recognize familiar people and places?
Supervision	How often must someone be nearby to remind, reassure, redirect, or help?
Distress	Are confusion, anxiety, agitation, or resistance to care becoming harder to support?
Daily care	Are meals, medications, bathing, dressing, and toileting becoming difficult without specialized support?
Environment	Would a predictable, secure setting make daily life easier?
Caregiver capacity	Can current caregivers safely and realistically continue providing the support needed?

What memory care can provide

Secure surroundings Controlled exits and clear layouts support movement and reduce wandering risk.	Familiar routines Predictable days can help ease confusion and anxiety.
Dementia support Calm cueing, reassurance, and personalized care replace confrontation.	Purposeful activity Music, movement, and familiar interests offer meaningful engagement.
Health oversight Nursing helps coordinate medications and identify health changes.	Family communication Updates and shared observations keep families involved as needs evolve.

Your Next Step at Home Again



Our Thrive Memory Care program is built around each person's history, abilities, routines, and preferences. Personalized care, purposeful activities, and calm, familiar approaches support comfort and connection.

Full-time licensed nursing support helps monitor health, medications, mobility, hydration, and changing needs. We consider the whole person when assessing whether memory care is the right fit.

- 1 Talk with our team**
Share what has changed and which concerns are hardest to manage.
- 2 Tour memory care**
See daily life and ask about staffing, routines, and programming.
- 3 Complete an application**
Provide information about medical, cognitive, and daily-care needs.
- 4 Nursing & care assessment**
We review health, medications, mobility, cognition, behavior, and support needs.
- 5 Determine the right fit**
Discuss the appropriate setting, availability, pricing, and next steps together.

When changes are sudden

New or rapid confusion, behavior changes, weakness, falls, or other symptoms can have a medical cause. Contact the person's healthcare provider. For an emergency, call 911.

You do not have to decide alone.

Talk with our team about what you are seeing and the support your loved one may need.

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